

# WILD FRONTIERS



## Ladakh: Nubra Valley Trek Indian Himalayas

At the top of the world lies a land still steeped in the mystery and adventure of the Silk Road. Here, before the impenetrable slopes of the Indian Himalayas, Buddhist teaching and commercial trade thrived and grew to infuse the landscape with a cultural ancestry of quite extraordinary majesty.

This remarkable journey takes us from the teeming streets of Delhi, deep into the heart of Ladakh's mountainous regions, where monastic orders and mountain villages cling to traditions that seems as timeless as the mountains themselves. Travelling to the town of Leh, high along the eastern edge of Jammu and Kashmir, we journey by foot across a landscape that is as serene and beautiful as it is ageless. We'll trek through the fertile pasturelands of the Nubra Valley, sharing our experiences with a people whose way of life is a world apart from our own. We'll camp besides flowing rivers in the shadow of the Zaskar Mountains and hike to the summit of Lasermola. We'll visit hilltop monasteries and explore streets and markets that once echoed to the calls of merchants and camel drivers. And, as we stand on the roof of the world and gaze out across a landscape of unsurpassed wonder, doubtless we'll take a little bit of that mystery and adventure home with us.

"Travelling with Wild Frontiers is an inspiration. I have 100% trust in them and their ability." *Daniel Galvin*

### HIGHLIGHTS

- Delhi's historical sites
- Epic flight over the Himalayas to tranquil town of Leh
- Travel to a land and time where few travellers have previously trodden.
- Trekking through alpine pastures and meadows over the Lasirimo La (5420m)
- Views from the high pass over the Karakoram, Ladakh and Zaskar ranges.

Duration: 14 Days

Average group size: 5 - 12

Start: Sun 15 Jul 12

Finish: Sat 28 Jul 12



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## Why Wild Frontiers?

As a young, innovative company, Wild Frontiers is delighted to have been voted one of the 'Top 10 Tour Operators' by the readers of both Wanderlust and National Geographic Adventure. We are frequently asked what makes us different from other tour operators, and feel that the factors below answer this important question.

**The Traveller's Ethos:** WF is a company that has been set up by travellers for travellers, and our ethos is to help adventurous souls get to incredible and inaccessible places in safety and as much comfort as local conditions allow. We are firm believers that travelling is all about the experience and it's the details that make the trip - we specialise in drawing on our own extensive local knowledge and array of contacts to give our clients the very best experience possible.

**Personal Service:** Our London office is manned by experienced expedition leaders and every trip we run stems from their extensive knowledge - in short, we run the kind of trips that as passionate travellers, we like to do ourselves! When you ring our office, you can be guaranteed to chat to someone that knows the trips and the terrain, and is able to offer sound and practical advice.

**Authentic Experiences:** Our unique, original itineraries allow our clients to take journeys that venture beneath the surface of the region. Unlike the plethora of 'world specialists' out there who purport to know a hundred destinations, we concentrate on the locations we know and love. We don't run the same tour over and over, thus running the risk of creating a 'tourist circuit' and spoiling untouched regions. Instead, we rarely run any tour more than a couple of times a year and they are on routes we have discovered for ourselves, meaning we are able to give a truly authentic, off-the-beaten-track experience.

**Be the First:** Our style of travel is all about exploration, and nothing excites us more than opening up new routes to genuine travellers. We keep abreast of new destinations and are often the first to return to places that have vanished from the tourist map. We were the first back into Pakistan after 9/11, the first to return to Kashmir after a decade of tourist isolation, and the first to run a commercial travel trip to Afghanistan for almost 30 years. Since then we have helped bring Colombia, Yemen and Georgia back into the tourist fold, specialising in groundbreaking reconnaissance trips and imaginative expeditions.

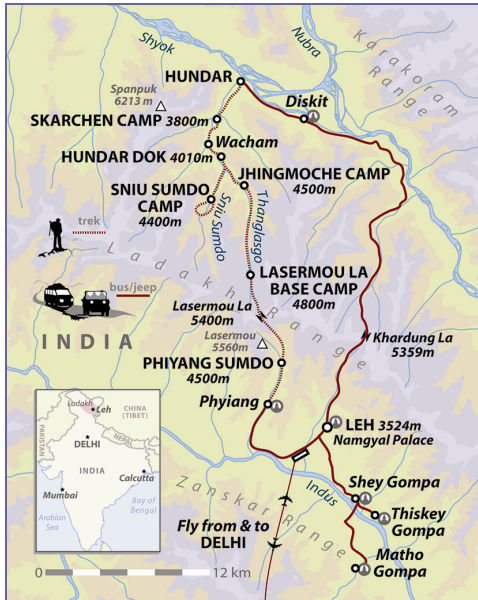
**Small Group Size:** We believe it is imperative to keep the group sizes small. Most trips are limited to a maximum of approximately 12 travellers, thus giving you more access to fragile cultures, better opportunities to interact with local people, and the knowledge you are making less of an impact while there.

**Cost of Tours:** We believe in an honest, upfront pricing system so you know exactly what the tour will cost before you book. We avoid local payments, 'optional extras' or forcing our clients to split every meal bill. Our tours are provided on a predominantly full board basis, with mineral water, government permits, entrance fees and transport all included.

**Added Value:** We aim to give our clients the very best (not the least expensive) experience through whatever facilities are available to us. We always try to provide accommodation that is interesting, characterful and convenient, and transport - another important part of any tour - that is as varied and comfortable as possible.

**Our clients:** Your companions can make or break a trip, and it's lucky therefore that our clients are our greatest asset. Travelling to remote regions is not for everyone, and as such we tend to attract open-minded travellers looking for genuine experiences, and a desire to reach those hard to get to places.

**Responsible Travel:** Awarded 5 star status by AITO (Association of Independent Tour operators), responsible tourism has always been an integral part of our company ethos and our adventures are designed with the local people, culture and eco-system in mind. For further details please refer to the RT section on this dossier.



**Day 1: Delhi:** The tour begins at our joining hotel in Delhi where, after a chance to freshen up and enjoy a relaxing lunch, we will journey out into the vibrant streets of the Indian capital, a city whose cultural pedigree reflects the architectural influences of two distinct masters; the Moghul overlords of the 17th century and the British Raj of the 1930s. Beginning with a visit to the new town, we'll stroll past the sandstone walls of the Red Fort and then down along the bustling thoroughfare of Chandi Chowk, into the heart of Old Delhi. Negotiating the narrow alleyways of Shahjahanabad we then emerge before the remarkable Jama Masjid Mosque, the largest of its kind in India and one of the true masterpieces of Moghul architecture.  
*Hotel (L, D)*

**Day 2: Delhi - Leh. Acclimatisation day:** A flight out of Delhi this morning takes us deep into the mountain landscapes that lie to the north of the River Indus. Here, amongst the towering peaks of the Indian Himalayas, located some 3500m above the valley below, we find the ancient capital of Ladakh. Leh's meandering alleyways and bustling markets, overshadowed as they are by the imposing remains of the Namgyal Palace, still retain something of the magic of the old Silk Road. Wonderfully picturesque and overflowing with atmosphere, the town is a rich mix of religious and cultural diversity, providing us with the perfect setting from which to begin this

remarkable journey. On arrival it is advised that you relax in the morning and adapt to the crisp mountain air, before exploring at leisure in the afternoon. You may like to take this opportunity to visit the now abandoned Namgyal Palace, whose prominent position overlooking the town makes it hard to miss. The former home of the royal family of Ladakh, the 9-storey structure bears a striking similarity to the Potala Palace in Lhasa and before its destruction during the Dorga wars of the 19th century it was considered an architectural masterpiece. Those not able to sit still can continue on to the palace stupa, above and behind the palace on the ridge which offers a bird's eye view of this wonderful town.  
*Hotel (B, L, D)*

**Day 3: In Leh:** Tibetan Buddhism passed over the high mountain passes many centuries ago, following in the wake of the merchant caravans, to leave a unique and indelible mark on the surrounding landscapes. This morning we have an opportunity to explore something of this religious ancestry, with a visit to three of the region's most important gompas (monasteries). The first is Thiskey, without doubt one of the most beautiful in the area and certainly one of the finest examples of its kind in Ladakh. Belonging to the Gelupka Order, the 12 storey complex clings to a hillside some 18 km from Leh, its hallowed halls filled with statues, thanka and shrines. We will also visit the 16th century Matho Gumpa on the opposite banks of the River Indus, as well as the Shey Monastery to the south of the city - a former residence of the royal family that is traditionally the seat of power of the pre-Tibetan kings and today home to a copper statue of the Buddha that is the largest in Ladakh. The afternoon will be free so we can relax and organise any last minute purchases before departing tomorrow.  
*Hotel (B, L, D)*

**Day 4: Leh - Nubra - Hundar:** Leaving Leh behind this morning we'll head north, following the established trade route towards Khangar and crossing over the Khardungla pass (5600m), one of the highest navigable roads in the world. As we begin our descent down through the pass the entire Indus Valley and the towering summits of the Zaskar range lie

before us. Originally known as *Ldurma* (the Valley of Flowers), the Nubra Valley lay at the heart of the old Silk Route, its wide river valley separating the Ladakh Mountains from the Karakorams, its timeless vistas punctuated with small settlements and farmsteads. Stopping in the village of Diskit we have a chance to take in the dramatic setting of its 350 year old monastery before continuing on towards Hundar, crossing a landscape of rolling dunes, where bactrian camels graze amongst the sparse desert vegetation.

*Hotel (B, L, D)*

**Day 5: Trek from Hundar to Skarchen Camp (3800m):** Located at the base of the Shyok River Valley, Hundar was the former capital of the old kingdom of Nubra and, as we set out from the Hundar Bridge this morning, we gaze out across a desert landscape shimmering before the backdrop of glistening snow-capped mountain peaks. Following the course of the river upstream we then continue through the gorge, climbing along the steep ridge of the Hundar Topko before descending back towards the river. The scenery today is simply breathtaking and, as we reach the confluence of two small tributaries at a place called Skarchen, we come across our first desert camp.

*Approx walking time 4-5 hours.*

*Camp (B, L, D)*

**Day 6: Trek from Skarchen to Hundar Dok (4010m):** Breaking camp this morning we continue through the gorge, following the river for a couple more hours before passing below the small settlement of Wacham. As the trail then begins to snake upwards we pass fields of barley, following a well trodden trail that eventually leads us to the village of Hundar Dok. A permanent settlement of some 15-20 houses, this is a beautiful spot to take in the surrounding vistas, with plantations and flowers and fields of barley in abundance. A shorter walking day than yesterday (on account of the altitude) we camp close to the village tonight, so this afternoon you might like to acclimatize with a gentle stroll around Hundar Dok itself, using the opportunity to learn a little more about life amongst these high alpine pastures.

*Approx walking time 3½-4 hours.*

*Camp (B, L, D)*

**Day 7: Walking through the Thanglasgo Valley (4400m):** Today's walk takes us through the Thanglasgo Valley, following a small stream that runs down through a patchwork of pastureland encircled by the towering walls of 6000m peaks. The views are simply inspiring and as we reach the junction of the Thanglasgo and Sniu Sumdo Valleys we continue down into the summer grazing lands of Sniu Sumdo. Camping amongst the fertile pastures we may come across shepherds tending their wandering flocks, an image of timeless rural serenity that has played out across these fertile landscapes for generations.

*Approx walking time 5-6 hours.*

*Camp (B, L, D)*

**Day 8: Sniu Sumdo Camp (4400m):** To acclimatize properly for the days ahead, we spend another day on the grasslands of Sniu Sumdo, taking the opportunity to soak up the views and explore some of the trails that lead off into the side valleys. These high, rich pasturelands provide ideal grazing during the summer months, with sheep, yaks and dzomos (a cross between a yak and a cow) making the most of the abundant pickings before the onset of winter drives them back down the mountain to the lower slopes.

*Camp (B,L,D)*

**Day 9: Walk to camp at Jhingmoche (4500m):** Departing camp this morning we descend to the junction of the Thanglasgo and Sniu Sumdo Valleys, following a trail that climbs slowly across a landscape blanketed beneath carpets of flowers during the summer months. For the next 4 to 5 hours we'll follow a stream, enjoying the mix of pastoral serenity and dramatic mountain scenery as we head for our overnight camp. The plan today is to stop at either Thanglasgo, or else continue a little further on to camp near Jhingmoche, where we may find local villagers tending the summer herds. It is tradition in these parts for small groups to take the herds up into the mountains, staying with them until the end of summer and processing cheese and butter to take back down to the villages at the end of the season's grazing.

*Approx walking time 5-6 hours.*

*Camp (B, L, D)*

**Day 10: Walk to the base of Lasermola (4800m):** Following a well defined path this morning we continue upstream, negotiating a trail that meanders through a valley of high alpine meadows, watered by gently flowing streams and dotted with grazing herds of yak and dzomos. Tonight's camp lies at the base of Lasermola and is the highest of our journey. From here we can look up towards the snow shrouded slopes of the Lasermola Pass and contemplate tomorrow's climb up into the snowline. *Approx walking time 4-5 hours.*  
*Camp (B, L, D)*

**Day 11: Lasermo La base - Lasermo Pass (5400m)- Phyang Sumdo (4500m):** Leaving camp early this morning we turn our back on the pasturelands and climb towards the snowline, carefully negotiating the moraine rocks that litter the slopes on the way up to Lasermola Pass (5400m). Our hardest day by far, the ascent this morning should take us between 2 and 3 hours, but the views as we summit the pass more than compensate for the arduous climb. The sweeping vistas laid out before us take in the Karakoram Mountains, the Ladakh and Zaskar Ranges and the valleys far below us. Standing here in the snow, gazing out across a landscape of quite breathless majesty, this is truly a moment to savour and certainly one of the high points of our journey - in more ways than one! From here we begin the descent into the Phyang Valley, picking our way down towards our overnight camp at Phyang Sumdo.  
*Approx walking time 7-8 hours.*  
*Camp (B, L, D)*

**Day 12: Phyang Sumdo - Leh:** Our final day's walking sees us continuing our descent, heading down towards the pastures at Morubruk. From here we then continue towards the village of Phyang, taking in the stunning views of the Stok ranges as we go, before finally meeting up with our vehicles back at the road head. The foothills around Phyang have served as a haven for Buddhist thinking for centuries and before we depart the village we will pay a visit to its impressive 16th century gompa, an imposing structure belonging to the Red Hat Sect. Housing a wealth of shrines and frescoes, the monastery is also home to a 900 year old museum that boasts an extensive

collection of idols and bronzes. From here the road takes us east, back towards the bustling streets and lively markets of Leh, where we should arrive sometime early this afternoon. This afternoon has been left free for you to enjoy Leh at your own pace. Whilst the caravans of old are long gone, the town still retains a deep seated sense of tradition, making it an absorbing city to explore. For those wishing to take in one last view of this astonishing setting, a short walk up to the nearby Shanti stupa will provide a last, lingering look across this most extraordinary of landscapes.

*Approx 2-3 hours.*  
*Hotel (B, L, D)*

**Day 13: Leh - Delhi:** Flying back to Delhi today we have another chance to soak up some of the magic and chaos of the Indian capital before we head home. After checking into our hotel the rest of the day is free to enjoy more of this most uncompromising and eclectic of cities. You may wish to return to the Chandi Chowk Bazaar, or perhaps take in more of the grandiose majesty of the city's Moghul and British past. A marked contrast to the tranquility of the past days, you can be sure that Delhi's intoxicating blend of sights and sounds will leave an impression as long lasting and as vivid as the mountains of Ladakh and the Nubra Valley.  
*Hotel (B, L, D)*

**Day 14: Delhi:** The tour finishes after breakfast.  
*(B)*

#### **Wild Extensions:**

Arrive early to adjust to a new time zone or just to get a feel for the country before your tour starts. Explore the country after your tour on a bespoke Wild Extension or just allow a few days to relax afterwards. Maybe choose all of the above and get cheaper flights mid-week?

A sample of what you could do...

- A) Taj Extension. Not yet seen the marble wonder of the world that is the Taj Mahal? Take some extra days after the tour to visit this amazing site coupled with the deserted dry fort that is Fatehpur Sikri.
- B) Ever been to the Sikh pilgrimage site of the Golden Temple in Amritsar? Experience the tranquillity of this

- grand gold plated temple and travel across then to Chanigarh - the green city - before meeting the tour to travel on the toy train then to Shimla.
- C) Want to combine anything above or have you seen something else in India you want to explore...

Contact the office for extension specifics.

#### TOUR DETAILS

**Tour Code:** LNV/B

**Tour price:** All our tours are priced on a LAND ONLY basis, giving you maximum flexibility when deciding how to get to and from your tour.

**Single Supplements:** These are NOT compulsory for any Wild Frontiers tour. Where single supplements are available please note that a single room cannot always be guaranteed for every night of the tour as depending on the destination, rooms may be limited.

On this tour we are happy to offer an optional single supplement that will cover you for all nights of the tour to include a private tent while camping.

**Flights:** If you would like us to send you a quote for the suggested tour flight (see GETTING THERE) or on any alternative flight that may suit you better, please let us know.

In all cases, for the latest prices, please refer to our website or call the office.

**Please remember that all Wild Frontiers tour prices mean NO hidden extras, NO local payments or kitty and NO compulsory single supplements.**

#### WHAT IS INCLUDED?

- Full services of a Wild Frontiers Tour Leader with local guides and drivers.
- Meal plan as detailed in the itinerary (B=Breakfast, L=Lunch, D=Dinner) with mineral water as required.
- All transport as outlined in the itinerary.
- All accommodation
- All entrance fees, as per itinerary

#### WHAT IS NOT INCLUDED?

- Visas (if applicable)
- Local airport taxes
- Tips
- Beverages & any costs of a personal nature.
- International Flights
- Airport transfers (unless booking suggested flights through WF office)

#### GETTING THERE

For this trip our suggested flights (subject to change) are:

14JUL 9W121 LHR-DEL 20:45/09:45+1  
28JUL 9W122 DEL-LHR 13:45/18:30

Key:

LHR - London Heathrow

DEL - Delhi

9W - Jet Airways

**NB** If you wish to arrange your own flights you are completely free to do so and in this case we can arrange any transfers or supplementary accommodation that you may require.

Please note that if you are making your own flight arrangements, we recommend that you only purchase flights that are totally flexible and refundable as due to the nature of adventure travel, itineraries can change at any time. For more information, please refer to our booking conditions.

#### PRACTICALITIES

**Accommodation** will be in hotels, guesthouses and tents. Any accommodation mentioned in the itinerary is subject to availability and if not available substitutes will be of a similar quality.

**Transport** on this tour will include local rickshaws, flights, minibuses, jeeps, the possible camel and mostly on foot.

**Trip Grading:**

Adventure Rating ❖❖❖❖❖

Comfort Grade ❖❖❖❖❖

Fitness Level ❖❖❖❖❖

Cultural Interest ❖❖❖❖❖

Please note that this grading is an indication only and should you have any concerns please contact the office.

#### **Fitness...**

This is a trekking itinerary and is at altitude. This should be taken into account when booking this trip and should you have any questions please contact the office to discuss them.

**NB: It should be made clear that this itinerary involves staying and walking at altitude (up to 5400m). Anybody with high blood pressure, respiratory disorder or a history of problems at altitude should consult their GP.**

#### **It may sound obvious but...**

Wild Frontiers tours are not always for everyone and it is important to us that the tour you choose is the most suitable. Please therefore take time to read the dossier carefully. All our tours are graded to give an overall picture of the trip but these are only guidelines and you should check the daily itinerary. Should you have any concerns about your ability to partake in any aspect of the tour then please contact the office.

**Insurance:** Insurance that provides cover for emergency repatriation in case of a medical emergency is compulsory for all tours. You should be aware that many standard insurance policies may not cover you adequately for all aspects of a Wild Frontiers trip and so we strongly recommend that you purchase a suitably designed insurance policy. One such policy is the "Wild Frontiers" policy underwritten by Travel & General Insurance Company plc, which is available to UK and Republic of Ireland residents through our website or via the insurance company direct on 0845 408 0583. Under this policy there are two different levels of cover available and for this trip the minimum requirement would be the Standard policy.

#### **Cover explained:**

**Standard policy:** a comprehensive travel insurance policy that provides cover for all Wild Frontiers activities, including trekking up to 6,000m. This policy does not provide cover for travel to areas

where the FCO is advising against all or all but essential travel.

**Elite policy:** provides the same comprehensive level of cover as the standard policy. In addition the Elite policy also provides cover for travel to areas where the FCO is advising against all or all but essential travel. The policy will not provide cover for any claims arising from or relating to the reasons why the FCO is advising against travel.

If purchasing the Elite policy you also have the option to **extend the cover** provided by the policy to include cover for claims arising from a terrorist act in an area where the FCO is advising against travel. You can add this cover to your policy when purchasing online or over the telephone.

These policies are only available to those travelling on a Wild Frontiers holiday.

For more information and to purchase your policy online please visit the Insurance section of our website.

The cover is underwritten by the International Insurance Company of Hannover Limited (IICH), who are authorised and regulated by the Financial Services Authority (FSA). Wild Frontiers Limited is an Introducer Appointed Representative of Travel & General Insurance Company plc, details of which can be found at the FSA's website [www.fsa.gov.uk](http://www.fsa.gov.uk).

If you do decide to purchase alternative insurance, then you must ensure that it covers you for every aspect of this trip. Please pay particular attention to ensuring that you are covered for trekking at altitudes up to 5400m.

**Visas:** Visas are necessary for many of the destinations we travel to and while we aim to provide you with the most up-to-date information, requirements frequently change and as such we advise that you check with the relevant embassies or contact our recommended visa agency, Travcour (020 7223 5295) [www.travcour.com](http://www.travcour.com) for the latest advice. For this tour, UK passport holders currently require a visa for India.

**N.B.** Having a diplomatic passport will make getting the Nubra permit a problem. It is acquired in country. Please notify the office if relevant.

Non-UK passport holders should contact the relevant embassies for individual requirements.

Further details will be sent out to you on booking, however ensuring that correct and valid visas are obtained remains the sole responsibility of the client.

**Responsible Travel:** Responsible travel and sustainable tourism are fundamental ideas that Wild Frontiers has been committed to since our birth. It is our strong belief that these words should not be simply 'tagged on' to dossiers and websites but should be at the very core of each trip, and our adventures are therefore designed with the local people, culture and eco-system in mind. We believe that a successful trip not only delivers a unique and unsurpassable journey for our clients, but that it also benefits the peoples whose lands we are privileged to visit.

**The Wild Frontiers Foundation:** In order to facilitate an enduring support structure for the communities we visit, and to show a commitment to these values, Wild Frontiers has set up a charitable foundation through which we can channel funds to both existing NGOs and our own development projects. In addition to organising ethically sensitive tours, having our own charitable foundation allows us to raise money - through the cost of our tours, charity trips and fund raising events - which can then be used to fund various projects in education, sanitation, reforestations and a number of other important issues facing developing communities. Wherever possible we are happy for our clients to visit these projects to see for themselves where and how this money is being spent. For a full list of partner NGOs please visit our website. Should you wish to donate to the foundation please contact the office for details.

**The Environment:** Trying to do our bit for the environment, in 2005 we were among the first UK-based travel companies to automatically offset every client's international flight (if booked

with us) with a payment to Carbon Clear to help promote sustainable energy.

**Climate:** Though we plan our itineraries carefully, taking into account the seasonal conditions, and would expect you to experience nothing but sunshine, there is the potential for lingering monsoons and cold conditions on the high mountain pass. When high the conditions following sunset would be cold and require adequate clothing and mountain apparel. Therefore, as with so many of Wild Frontiers' mountain trips, you need to come prepared for any eventuality.

**Foreign & Commonwealth Office (FCO):** The FCO travel advice highlights potential hazards people might experience when travelling abroad. Given the nature of destinations offered by Wild Frontiers it is inevitable that from time to time some itineraries contravene this advice. Whilst WF takes the safety and security of its clients extremely seriously, we will not necessarily cancel a trip because of the FCO advice. It is recommended therefore that clients check this advice before booking and contact us if they have any queries or concerns. Please see our website for further information.

**Further information:**  
When you make a confirmed booking with Wild Frontiers we will send you our confirmation pack with complete pre-departure information giving you details on visas, health and vaccinations, packing lists, suggested reading on the region, insurance, photography and other useful tips to make your trip more enjoyable.

## LADAKH - THE FACTS



**Delhi:** Capital of modern India, of the British Raj and the Moghul empire, Delhi - the City of Djinns - is a fascinating place to explore, bursting with centuries of colourful history, of old imperial splendour and modern manic mayhem. From the chaotic, narrow alleyways of the old town to the relative tranquillity of the new, at almost every corner there is something - a fort, a mosque, an imperial palace - to excite and amaze the visitor. To wander unhindered down Rajpath - the Kingsway - from India Gate to Rashtrapati Bhavan, stopping for a while in the shade of the sheltering neem trees to feast your eyes on Lutyens' extraordinary work of architecture will have even the most seasoned traveller gasping in awe. But just as impressive, and arguably a lot more fun, is to take a walk through the old town; down the bustling Chandi Chowk and off into the narrow, sunless alleyways that make up Shahjahanabad. Here, among the jewellery, fabric and wedding bazaars you will find a world barely changed from that of the Moghul times. With plenty more sight-seeing trips available to the Qutab Minar, Lodhi Gardens, the Lotus Temple or the awesome Humayan's Tomb - inspiration for the Taj Mahal; shopping expeditions to Janpath, Santoshti or Khan Markets; or a quiet cup of tea at the Imperial... Delhi can have you busy for days.



**Leh:** Situated just to the north of the Indus Valley, high in the arid heart of the great Karakoram Mountain range, Leh sits at the crossroads of High Asia. For centuries it looked to the north, towards Tibet and Central Asia for its influences, and from the town's main bazaar, yak trains would set out over the Karakoram La to Yarkand and Kashgar. In recent years, as a part of India, its focus has shifted from that of trade to a military nature, sitting as it now does close to the borders of Pakistan and China. The town itself is dominated by the nine-storey Leh Palace, ancient home to the Ladakhi

royal family, beneath which twists and turns a labyrinth of narrow alleyways. Beyond that to the south now lies modern Leh. There are many lovely walks to nearby stupas, palaces and shops, or polo games to watch.



**How to book:**

In order to confirm your booking we need to have a completed signed booking form for each client together with a £400 deposit per person. You can either return your booking form to us by post or by booking online at [www.wildfrontiers.co.uk](http://www.wildfrontiers.co.uk)

You can contact the office by email to [info@wildfrontiers.co.uk](mailto:info@wildfrontiers.co.uk) or we are very happy to take your call on **020 7736 3968**.

Wild Frontiers is a fully licensed and bonded tour operator and our ATOL number is 5975. You can book your holiday with Wild Frontiers in complete confidence that all monies you pay to us for your tour are fully protected.

We are also bonded with the Association of Independent Tour Operators (AITO). AITO members comply with the highest standards of consumer protection. Every AITO holiday is backed not only by AITO's Quality Charter but also by full financial protection.

We do recommend that you take out adequate travel insurance at the time of booking in the event that you are no longer able to travel as all deposits are non-refundable - full booking conditions can be found on the booking form and online at our website.